Apgar Scoring

Fill in all the blanks in the below table

What are the components What does the 0,1,2 represent?

|  |  |  |  |
| --- | --- | --- | --- |
| **Score** | **0** | **1** | **2** |
| 1. Appearance | Blue/Pale | Pink body; Blue extremities | Pink |
| 2. Pulse | Absent | Below 100 bpm | Over 100 bpm |
| 3. Grimace | Floppy | Minimal response to stimulation | Prompt response to stimulation |
| 4. Activity | Absent | Flexed arms and legs | Active |
| 5. Respiration | Absent | Slow and irregular | Vigorous cry |

What is the Score? 1+2+0+2+0

5

What does this indicate?

Baby needs to be watched closely. Condition is low and may need intervention. Monitor O2 levels.

**Case Scenario**

An infant has been born for 5 minute and the nurse notices that the infant is experiencing these signs and symptoms.

Heart rate < 100

Respiratory rate – good cry

Muscle tone is flaccid

Reflex, irritability – grimace

Color – blue/pale